

Table 5.2. Course specification

Study program: Special education and rehabilitation, Modul: Prevention and treatment of bibehavioral disorders		
Type and level of Study: Master academic studies		
Course title: Interventions in crisis situations		
Lecturer: Danka M. Radulović		
Course status: Elective		
ECTS: 6		
Pre-requisites: there is no pre requisites for taking this course		
Aim: Acquiring basic knowledge about theoretical approaches of crisis, types of crisis and scientific founded models of psychological interventions in crisis situations.		
Outcomes: Preparedness for competent professional participation in crisis interventions in various crisis situations and in creating crisis prevention programs for accidental and developmental crisis.		
Content:		
<i>Lectures:</i>		
Conceptual framework: definition of crisis; similarities and differences in terms: crisis, stress and trauma; signs of stress and trauma and their consequences; recovering from trauma. Theoretical explanations of crisis. Crisis events and crisis as psychological state. Types of crisis. Different models of crisis intervention on individual, family, group and community levels. Forms of psychological interventions in specific situations (death loss, job loss, illness etc.). The role of communication skills and counseling in solving of developmental and accidental crisis. Skills of determining appropriate intervention in given circumstances (neither too little, nor too much support); limited goals in crisis intervention focused on the current problem. Evaluation of effects of crisis intervention. Ethic issues of crisis intervention. Crisis prevention: to act proactive rather than reactive. Cognitive and humanistic models of crisis prevention. Preventing burnout syndrome of professionals employed in emergency services.		
<i>Practical work:</i>		
Case studies, analyses of hierarchy of crisis events, elaboration of practical activities in various forms of crisis intervention, analyses empirical data about possible mistakes in crisis interventions (wrong type of help, wrong time, unmanaged people, wrong circumstances).		
Literature:		
1. Vlajković, J. (2005) <i>Životne krize</i> , Beograd: Žarko Aljbulj. ISBN 86-83713-37-7		
2. Arambašić, R. (2005) Psihološke krizne intervencije. In: M. Biro, W. Buttollo (Ur.) <i>Klinička psihologija</i> , 365-378. Novi Sad: Future plus. ISBN 978-86-7188-093-0.		
3. Radulović, D. (2006) Upravljanje ljudskim resursima: rešavanje i upravljanje konfliktima u uslovima krize U: Z. Keković, Ž. Kešetović (Ur.) <i>Krizni menadžment i prevencija krize: hristomatija</i> , 469-480. Beograd: Univerzitet u Beogradu, Fakultet bezbednosti. ISBN 8684069269.		
Number of active classes per week	Lecture: 2	Practical work: 2
Teaching methods: lectures, consultations, seminars, case studies		
Evaluation of knowledge (maximum score 100)		

Pre obligations	Points	Final exam	Points
activites during lectures	10		
practical lessons	20	oral examination	50
colloquia			
seminar	20		